



## DELPHI

Delphi is famous as the ancient sanctuary that grew rich as the seat of the oracle that was consulted on important decisions throughout the ancient classical world. Moreover, it was considered as the navel (or centre) of the world by the Greeks as represented by the Omphalos.

It occupies an impressive site on the south-western slope of Mount Parnassus overlooking the coastal plain to the south and the valley of Phocis. It is now an extensive archaeological site and the modern town is nearby.

It is recognised by UNESCO as a World Heritage Site in having had a phenomenal influence in the Ancient world, as evidenced by the rich monuments built there by most of the important ancient Greek city-states, demonstrating their fundamental Hellenic unity.



## EPIDAURUS

Epidaurus was independent of Argos and not included in Argolis until the time of the Romans. With its supporting territory, it formed the small territory called Epidauria. Reputed to be founded by or named for the Argolid Epidaurus, and to be the birthplace of Apollo's son Asclepius the healer, Epidaurus was known for its sanctuary situated about five miles (8 km) from the town, as well as its theater, which is once again in use today. The cult of Asclepius at Epidaurus is attested in the 6th century BC, when the older hill-top sanctuary of Apollo Maleatas was no longer spacious enough.

The asclepeion at Epidaurus was the most celebrated healing center of the Classical world, the place where ill people went in the hope of being cured. To find out the right cure for their ailments, they spent a night in the enkoimeteria, a big sleeping hall. In their dreams, the god himself would advise them what they had to do to regain their health. Within the sanctuary there was a guest house with 160 guestrooms. There are also mineral springs in the vicinity, which may have been used in healing.





## OLYMPIA

Olympia, a sanctuary of ancient Greece in Elis on the Peloponnese peninsula, is known for having been the site of the Olympic Games in classical times.

The Olympic Games were held every four years throughout Classical antiquity, from the 8th century BC to the 4th century AD.

The sanctuary, known as the Altis, consists of an unordered arrangement of various buildings. Enclosed within the temenos (sacred enclosure) are the Temple of Hera (or Heraion/Heraeum), the Temple of Zeus, the Pelopion, and the area of the altar, where the sacrifices were made.

To the north of the sanctuary can be found the Prytaneion and the Philippeion, as well as the array of treasuries representing the various city-states. To the south of the sanctuary is the South Stoa and the Bouleuterion, whereas the Palaestra, the workshop of Pheidias, the Gymnasion, and the Leonidaion lie to the west.



## PANATHENAIC STADIUM

The Panathenaic Stadium also known as Kallimarmaro, is a multi-purpose stadium in Athens, Greece. One of the main attractions of Athens, it is the only stadium in the world built entirely of marble.

A stadium was built on the site of a simple racecourse by the Athenian statesman Lykourgos (Lycurgus) c. 330 BC, primarily for the Panathenaic Games. It was rebuilt in marble by Herodes Atticus, an Athenian Roman senator, by 144 AD and had a capacity of 50,000 seats. After the rise of Christianity in the 4th century it was largely abandoned. The stadium was excavated in 1869 and hosted the Zappas Olympics in 1870 and 1875. After being refurbished, it hosted the opening and closing ceremonies of the first modern Olympics in 1896 and was the venue for 4 of the 9 contested sports. It is the finishing point for the annual Athens Classic Marathon. It is also the last venue in Greece from where the Olympic flame handover ceremony to the host nation takes place.

